

2017
Colorado College
Cup
Colorado Basic Skills Series

April 23, 2017

Honnen Ice Rink
Colorado College
Colorado Springs, Colorado

Chief Referee: Lisa Landon
Chief Accountant: Louise Dever

Sponsored By:
Colorado College Collegiate Skating Club

Deadline for Entries: Received by March 30, 2017

Sanctioned by:



For further information contact:

Competition Chairman: Linda Alexander
lalexander@coloradocollege.edu

The 2017 Colorado College Cup will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group. The decision to split the entries into groups will be at the discretion of the Chief Referee.

ENTRIES:

Online entries are preferred at: <http://comp.entryeeze.com/Home.aspx?cid=186>. All paper entries must be **RECEIVED by** March 30, 2017. The first singles event is \$65.00 and each additional singles event is \$20.00. Dance events are 20.00 per level. Basic Skills first event fee is 40.00 and each additional basic skills event is 15.00. Team Maneuver event is \$20.00 per team. Entry fees must be paid in U.S. dollars. Check / Money Order must be made payable to **Honnen Ice Arena**. A \$30.00 fee will be charged for returned checks AND contested credit card charges. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Late entries will be accepted at the discretion of the competition chairperson and chief referee and will be subject to an administrative fee of \$30.00. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fees. Notification of competition and practice ice times will be available by via the web in the online registration system.

REFUND POLICY:

Entry and Practice Ice fees will not be refunded after March 30, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Pre-Purchased practice ice is non-transferrable. The convenience fee is not refundable for any reason.

FACILITIES:

The Colorado College Cup will be held at Honnen Ice Arena, located in Colorado Springs. The arena's ice surface is 87' by 185' with rounded corners. Vending machines and spectator seating are available. No admission will be charged.

MUSIC:

Competitors are REQUIRED to turn in a CD for each music event that they are entered in to the registration before you will be allowed to register for the competition. NO CD-RW DISCS WILL BE ACCEPTED. No tapes will be accepted. Each CD must be clearly labeled with the skater's name, event, and length of the program. There must only be one program on the CD. No more than a 3 second lead in can be used on CDs both for competition & practice ice. These CDs cannot be returned to the skater until their event is completed. Please bring at least one back-up CD for emergencies and have it at rink side during your event. Please make sure that all CDs are labeled with the skater's name and event and recorded at an adequate volume.

LIABILITY:

U.S. Figure Skating, the Colorado College Collegiate Skating Club, the Colorado Springs Skating Club, and the Honnen Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The 6.0 Majority Judging System will be used for all events.

REGISTRATION:

The registration desk will be located in the lobby of the ice arena and will open 1 hour prior to the first practice ice session of the competition and one hour prior to the start of practice ice on the morning of the competition. It will close 30 minutes after the end of the competition each day. Please register promptly when you arrive at the ice arena.

PRACTICE ICE:

Skaters will be able to pick their own practice ice sessions online but you MUST indicate number of sessions you want on the practice ice form or online when you register and you MUST pay for them with your entry form or when you register online. You will receive an email with a PIN number in order to access your practice ice records and select your sessions. Practice ice will be \$12.00 if you pre-order the sessions. You will be able to pre-order 1 session per skater. We will allow additional practice ice sales online for \$15.00 per session after the schedule has been posted and those that pre-register for sessions have had time to select their sessions. Additional practice ice will be available for purchase during the competition and will cost \$20.00 at the Registration Desk.

AWARDS:

Medals will be awarded to the 1st, 2nd, 3rd and 4th place winners in each competition.

OFFICIAL NOTICES:

An official bulletin board will be maintained near the registration desk. Recommended language: It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: If you have questions, please contact Linda Alexander at 719-389-6156 or lalexander@coloradocollege.edu or Donna Schoon at dschoon499@gmail.com or 719-321-9528

HOTEL INFORMATION:

The following is the host hotel for the Colorado College Cup:

Fairfield Inn by Marriott North
7085 Commerce Center Dr.
Colorado Springs, CO 80919
(719) 533-1903

Call for the Competition rate. Includes Continental Breakfast

Competition Events

EVENT: Well Balanced Free Skate

Competitors will skate to music of their choice. Levels offered will be: Limited Pre-Preliminary (same as Pre-Preliminary except no Axel allowed), Pre-Preliminary, Preliminary, and Pre-Juvenile.

See USFS Rulebook – Rule 4240-4280 – for well-balanced descriptions and here is the link to the online descriptions of each of the levels: <http://www.usfigureskating.org/content/2016-17%20Singles%20FS%20Chart%20v4%20Intermediate%20Changes.pdf>

EVENT: Test Track Free Skate

1. General event parameters:
 - a. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
 - b. Skaters will skate to the music of their choice. Vocal music is permitted at all levels
 - c. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
 - d. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
 - e. The following deductions will be taken:
 - i. 0.1 from each mark for each technical element included that is not permitted in the event description.
 - ii. 0.2 from the technical mark for each extra element included.
 - iii. 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 Max	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

<p>Intermediate</p> <p>2:40 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) <i>All spins may fly</i> 	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 & 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>

Short Program (Singles)

Levels offered: Intermediate, Novice, Junior, and Senior

See USFSA 2017/2018 Rulebook, 3640-3672 or the USFS website:

<http://www.usfigureskating.org/content/2016-17%20Singles%20SP%20Chart%20v5%20with%20Intermediate%20Changes.pdf>

EVENT: COMPULSORY MOVES

General event parameters:

1. Pre-Preliminary – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. Elements may be performed only once
4. Music is not allowed
5. Test requirements are listed under Free Skating
6. Combination jumps may not have a change of foot or turn between jumps
7. Required jumps cannot be repeated as part of the combination jump

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Toe Loop 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Flying spin, minimum five revolutions 4. Step sequence – straight line
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Jump combination: double/single or double/double 3. Flying spin - minimum five revolutions 4. Step sequence – straight line
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Double flip 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line

EVENT: Solo Pattern Dance

General event parameters:

1. Levels are based upon the skaters' highest pattern dance test passed.
2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
3. The number of patterns to be skated of each dance are indicated next to the dance
4. The Local Organizing Committee will provide the dance music
5. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.
6. Skaters may enter their test level and/or one level higher

Level	April 1 st – June 30 th
Preliminary	1. Rhythm Blues (2) 2. Dutch Waltz (2)
Pre-bronze	1. Fiesta Tango (2) 2. Swing (2)
Bronze	1. Ten Fox (2) 2. Hickory Hoedown (2)
Pre-silver	1. Foxtrot (3) 2. Fourteenstep (3)
Silver	1. Rocker Foxtrot (3) 2. American Waltz (2)
Pre-gold	1. Paso Doble (2) 2. Starlight Waltz (2)
Gold	1. Westminster Waltz (2) 2. Quickstep (3)

EVENT: Spins Challenge

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Pre – Preliminary	1:30 max.	1. Upright one-foot spin (3) 2. Upright back scratch spin (3) 3. Sit spin (3)
Preliminary	1:30 max.	1. Forward scratch to back scratch spin (3) 2. Combination spin with no change of foot (4) 3. Sit spin (3)
Pre – Juvenile	1:30 max.	1. Camel spin (3) 2. Combination spin – camel to sit spin; no change of foot (6) 3. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	1. Sit spin (4) 2. Combination spin – change of foot; optional change of position (4 per foot) 3. Girls – layback spin (4); Boys – camel spin (4)

Team Maneuvers

Teams must register separately from their individual events. A team contact will need to register the team and pay for all the skaters. The team contact will need to know the following information for each skater: USFS number, highest Moves test passed, highest FS test passed, birthdate, and email address of a parent/guardian.

The team maneuver event consist of teams of three to six skaters (any mix of male and female) from the same club each performing no more than two of the six required elements prescribed for their level. A skater may compete for only one team. Skaters may "skate up" to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed. The event will be judged on a team basis. Skaters will have a general warm-up. There may also be individual warm-ups for each element at the discretion of the referee. Teams will be assigned a place to line up along the barrier, and must remain on the ice for their entire competition. Elements will be skated one-at-a-time, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

Note:

- If a team has one skater perform more than two elements, any succeeding elements performed by that skater will receive no value
- If a skater performs an element higher than that listed, that element will receive no credit. For example, if the element specified is a Salchow jump and the skater performs a double Salchow jump, no credit is given for this element.

LEVEL	REQUIREMENTS
<i>Low (pre-preliminary - juvenile):</i>	<ol style="list-style-type: none"> 1. Salchow jump 2. Waltz jump-toe loop combination jump (no turns or steps in between) 3. Lutz jump 4. Combination spin: camel spin to sit spin (no change of foot) 5. Upright spin (optional free foot position, may have one change of foot) 6. Circular step sequence (utilizing the full ice surface)
<i>Adult Team</i>	<ol style="list-style-type: none"> 1. Loop jump 2. A combination jump consisting of two single jumps (axel is considered a single jump) 3. Single jump immediately preceded by connecting steps or other free skating movements 4. Camel spin with a change of foot (forward camel to backward camel spin) 5. Spin combination (one change of foot and at least one change of position) 6. Straight line step sequence utilizing the entire ice surface
<i>Beginner High Team (Freeskate 1-6)</i>	<ol style="list-style-type: none"> 1. Forward Spirals R&L on a circle (either forward inside or forward outside – skater's choice) 2. A Waltz Jump/Toe Loop combination jump 3. A Salchow immediately preceded by connecting steps or other free skating moves. 4. Sit spin 5. Upright Scratch Spin 6. Step sequence covering ½ the ice
<i>Beginner Low Team (Basic 1-8)</i>	<ol style="list-style-type: none"> 1. Bunny Hop 2. Forward One-foot glide (R or L) blue line to blue line (center of ice) 3. Waltz Jump 4. Two Foot Spin 5. Forward Straight Line Spiral (R or L) covering ½ ice 6. Snowplow stop

2017 Skate Colorado Compete USA Series



<p>Denver Invitational (South Suburban) Date: March 16-19, 2017 www.denverfsc.org 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Lisa May lisa@denverfsc.org (720) 272-0290 Competition Application Deadline: Feb 5, 2017</p>	<p>Ft. Collins Classic (EPIC) Date: March 30 - April 2, 2017 www.fortcollinsfsc.org 1801 Riverside Fort Collins, CO 80525 Competition Chair: Dawn Cramer sinjinaz@icloud.com (602) 403-3176 Competition Application Deadline: March 1, 2017</p>
<p>Colorado College Cup (Honnen Ice Arena) Date: April 23, 2017 http://www.coloradocollege.edu/other/honnen 14 Cache La Poudre St. Colorado Springs, CO 80903 Competition Chair: Linda Alexander lalexander@coloradocollege.edu (719) 389-6156 Competition Application Deadline: March 30, 2017</p>	<p>Front Range Invitational (Greeley Ice Haus) Date: June 3-4, 2017 www.mountainviewskatingclub.com PO Box 336771 Greeley, CO 80633 Competition Chair: Leah Hurst competition@mountainviewskatingclub.com (970) 616-9101 Competition Application Deadline: May 1, 2017</p>
<p>Broadmoor Open (World Arena) Date: June 18, 2017 www.broadmoorskatingclub.com 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley HoneyB23@aol.com Competition Application Deadline: April 28, 2017</p>	<p>Colorado Championships (Ice Centre at the Promenade) Date: Aug 3-5, 2017 www.denverfsc.org 10710 Westminster Blvd Westminster, CO 80020 Competition Chair: Cassy Papajohn coloradochampionships@gmail.com (303) 919-0303 Competition Application Deadline: July 7, 2017</p>
<p>Colorado Gold (South Suburban) Date: August 18-20, 2017 www.coloradoskatingclub.net 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Valerie Powell / Mike Maciolek vailval@comcast.net / mcmaciolek@hotmail.com (303) 596-0339 / (303) 915-9570 Competition Application Deadline: July 2, 2017</p>	<p>Colorado Springs Invitational (Monument Ice Rinks) Date: September 17, 2017 www.centennialskatingclub.org 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon Lisa_landon@comcast.net (719) 659-0912 Competition Application Deadline: Aug 4, 2017 *** All 2017 Skate Colorado Compete USA Competition Series awards will be presented at the conclusion of this competition ***</p>

MISSION STATEMENT: To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

AWARDS: During the competition season, skaters and teams/clubs will have the chance to compete at 8 different competitions and earn points for a final standing. Trophies and medals will be awarded at the conclusion of the CSI Skate Colorado Compete USA competition.

Skate Colorado Compete USA Series Team Banner (4 x 6) – 1st, 2nd, and 3rd place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 8 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. Tie breakers will be the same as the individual tie breakers.

Free skate Program and Elements/Compulsory Series Point System

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least TWO of the NINE registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of 2 competitions. Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series. Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for all 8 series events (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3rd tie breaker, and the number of levels increased throughout the season will be the 4th tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 place and medals will be awarded for 4-6 place in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies and medals will be awarded to the skaters at their level as of the last competition in the series.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **Skate Colorado Compete USA Competition Series** is sponsored equally by the 8 participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

All Pre-Free Skate through Free Skate 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Skaters may have passed Pre-Preliminary MITF and no higher, Preliminary Dance and no higher, and may NOT have passed any U.S. FIGURE SKATING free skate tests.

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements: Snowplow Sam – Basic 6

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on ½ ice
- No music
- **All elements must be skated in the order listed**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- Time: 1:00 MAX

Compulsory: Pre-Free Skate – Free Skate 6 and Adults 1-6

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels
- If the description of the move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:10 MAX

Programs with Music: Pre-Free Skate – Free Skate 6 and Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 MAX

Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, clockwise and counterclockwise Advanced back spin with free foot in crossed leg position, (minimum three revolutions) Loop Waltz jump/toe loop or Salchow/toe loop combination
Basic 1	<ul style="list-style-type: none"> Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Beginning snowplow stop on two-feet or one-foot Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half loop Flip
Basic 2	<ul style="list-style-type: none"> Forward one-foot glide, either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz jump-loop combination Lutz
Basic 3	<ul style="list-style-type: none"> Beginning forward stroking showing correct use of blade Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Beginning backward one-foot glide, either foot Moving forward to backward two-foot turn on a circle 	Free Skate 6	<ul style="list-style-type: none"> Forward power pulls, right and left Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, half loop, Salchow sequence Axel
Basic 4	<ul style="list-style-type: none"> Backward one-foot glides, right and left Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, both directions Beginning two-foot spin, 2-4 revolutions Backward ½ swizzle pumps on a circle, one direction only 	Adult 1	<ul style="list-style-type: none"> Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, both directions Advanced two-foot spin, 4-6 revolutions Forward outside three-turn, right and left Hockey stop 	Adult 2	<ul style="list-style-type: none"> Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> Forward inside three-turn, right and left Bunny Hop Forward spiral on a straight line, right or left Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Forward chasses on a circle, clockwise and counterclockwise Backward skating to a long two-foot glide Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions) Mazurka Waltz jump 	Adult 4	<ul style="list-style-type: none"> Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Hockey stop, both directions Backward one-foot glides, right and left
Free Skate 1	<ul style="list-style-type: none"> Forward power stroking, 4-6 consecutive strokes Backward outside three-turns, right and left Upright spin, entry from backward crossovers (minimum 4-6 revolutions) Toe loop Half flip 	Adult 5	<ul style="list-style-type: none"> Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin
Free Skate 2	<ul style="list-style-type: none"> Alternating forward outside and inside spirals on a continuous axis (2 sets) Backward inside three-turns, right and left Beginning back spin, up to two revolutions Half Lutz Salchow 	Adult 6	<ul style="list-style-type: none"> Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin

Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, (minimum three revolutions) • Loop • Waltz jump-toe loop or Salchow-toe loop combination
Basic 1	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop • Flip
Basic 2	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump - loop combination • Lutz
Basic 3	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle 	Free Skate 6	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, half loop, Salchow sequence • Axel
Basic 4	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only 	Adult 1	<ul style="list-style-type: none"> • Forward marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop 	Adult 2	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump 	Adult 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Free Skate 1	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers (minimum 4-6 revolutions) • Toe loop • Half flip 	Adult 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Free Skate 2	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow 	Adult 6	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin

2017 Colorado College Cup – April 23, 2017

Deadline: Received by March 30, 2017

Competitor's Name _____ USFSA _____ Sex _____ DOB _____
 Home Club _____ Coach _____ Partner Name _____
 Address _____ City _____ State _____ Zip _____ Phone _____
 Email _____
 Highest USFSA Test Passed:
 Freestyle _____ MIF _____ Dance _____ Free Dance _____ Pairs _____

<p>Free Skate Well-Balanced</p> <p><input type="radio"/> Limited Pre-Preliminary</p> <p><input type="radio"/> Pre-Preliminary</p> <p><input type="radio"/> Preliminary</p> <p><input type="radio"/> Pre-Juvenile</p> <p>Free Skate Test Track</p> <p><input type="radio"/> Pre-Preliminary Test</p> <p><input type="radio"/> Preliminary Test</p> <p><input type="radio"/> Pre-Juvenile Test</p> <p><input type="radio"/> Juvenile Test</p> <p><input type="radio"/> Intermediate Test</p> <p><input type="radio"/> Novice Test</p> <p><input type="radio"/> Junior Test</p> <p><input type="radio"/> Senior Test</p> <p>Compulsory Moves</p> <p><input type="radio"/> Pre-Preliminary</p> <p><input type="radio"/> Preliminary</p> <p><input type="radio"/> Pre-Juvenile</p> <p><input type="radio"/> Juvenile</p> <p>Spins</p> <p><input type="radio"/> Pre-Preliminary</p> <p><input type="radio"/> Preliminary</p> <p><input type="radio"/> Pre-Juvenile</p> <p><input type="radio"/> Juvenile</p> <p>Freeskate 1-6 Compulsories</p> <p><input type="radio"/> Pre-Free Skate</p> <p><input type="radio"/> Free Skate 1</p> <p><input type="radio"/> Free Skate 2</p> <p><input type="radio"/> Free Skate 3</p> <p><input type="radio"/> Free Skate 4</p> <p><input type="radio"/> Free Skate 5</p> <p><input type="radio"/> Free Skate 6</p> <p>Freeskate 1-6 Program w/Music</p> <p><input type="radio"/> Pre-Free Skate</p> <p><input type="radio"/> Free Skate 1</p> <p><input type="radio"/> Free Skate 2</p> <p><input type="radio"/> Free Skate 3</p> <p><input type="radio"/> Free Skate 4</p> <p><input type="radio"/> Free Skate 5</p> <p><input type="radio"/> Free Skate 6</p>	<p>COMPETITOR/PARENT/GUARDIAN STATEMENT: I understand that this entry must be received by March 30, 2017 and I have read the announcement and understand the rules and policies contained within. The competition committee reserves the right to limit the number of entries accepted or cancel an event due to time constraints. The undersigned agrees to hold harmless the USFS and Colorado College Collegiate SC, Honnen Ice Arena and their employees and agents from any loss, damage, and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. If this entry is incomplete, I will accept a collect phone call to complete my entry. A parent or guardian must sign this release if entrant is under 21 years of age.</p> <p>Competitor's Signature _____</p> <p>Parent or Guardian's Signature _____</p> <p>CLUB CERTIFICATION: I have read this entry form and certify that to the best of my knowledge, the entrant is eligible to enter the events specified. He/She is a member of my club in good standing, and is an eligible skater in accordance with the rules of US Figure Skating.</p> <p>Club Director _____</p> <p>Title and Club Name _____</p> <p>COACH'S CERTIFICATION: I have read this entry form and certify that it is complete and that the skater is eligible to enter the events as listed in the application.</p> <p>Coach's Signature: _____</p> <p>Coach Phone number: _____</p> <p>Coach's Email: _____</p> <p>Deadline: Entries must be received by March 30, 2017. Applications must be entirely completed or entry will be returned. Include complete entry form, practice ice reservations, and payment.</p> <p>Make checks payable to: Honnen Ice Arena Mail checks and all forms to: Linda Alexander</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Adult 1-6 Compulsories</td> <td style="width: 50%;">Adult 1-6 Program w/Music</td> </tr> <tr> <td> <input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6 </td> <td> <input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6 </td> </tr> </table>	Adult 1-6 Compulsories	Adult 1-6 Program w/Music	<input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6	<input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6	<p>Short Program</p> <p><input type="radio"/> Intermediate</p> <p><input type="radio"/> Novice</p> <p><input type="radio"/> Junior</p> <p><input type="radio"/> Senior</p> <p>Solo Dance</p> <p><input type="radio"/> Preliminary</p> <p><input type="radio"/> Pre-Bronze</p> <p><input type="radio"/> Bronze</p> <p><input type="radio"/> Pre-Silver</p> <p><input type="radio"/> Silver</p> <p><input type="radio"/> Pre-Gold</p> <p><input type="radio"/> Gold</p> <p>Basic Skills Elements</p> <p><input type="radio"/> Snowplow Sam</p> <p><input type="radio"/> Basic 1</p> <p><input type="radio"/> Basic 2</p> <p><input type="radio"/> Basic 3</p> <p><input type="radio"/> Basic 4</p> <p><input type="radio"/> Basic 5</p> <p><input type="radio"/> Basic 6</p> <p>Basic Skills Program</p> <p><input type="radio"/> Snowplow Sam</p> <p><input type="radio"/> Basic 1</p> <p><input type="radio"/> Basic 2</p> <p><input type="radio"/> Basic 3</p> <p><input type="radio"/> Basic 4</p> <p><input type="radio"/> Basic 5</p> <p><input type="radio"/> Basic 6</p> <p>Team Maneuvers</p> <p><input type="radio"/> Low</p> <p><input type="radio"/> Adult</p> <p><input type="radio"/> Beginner High</p> <p><input type="radio"/> Beginner Low</p> <p>Indicate Team Name: _____</p> <p>Indicate team member names here: _____ _____ _____</p>
Adult 1-6 Compulsories	Adult 1-6 Program w/Music					
<input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6	<input type="radio"/> Adult 1 <input type="radio"/> Adult 2 <input type="radio"/> Adult 3 <input type="radio"/> Adult 4 <input type="radio"/> Adult 5 <input type="radio"/> Adult 6					

	Fees	# of Events	Total Cost
Singles First Event	65.00		
Additional Singles Events **	20.00	x # of additional events	=
Solo Dance	20.00	X # of levels	=
Team Maneuvers	20.00		=
Basic Skills First Event	40.00		=
Basic Skills Additional Event	15.00		=
Practice Ice Fee	15.00	1 per skater	=
Late Fee if after March 30, 2017	30.00		=
Total Amount Due			=

For Committee Use Only

Date Received	Check #	Amount Due	Amount Paid	Monies Owed	Refund Due	Name on Check